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UCSF GWEP Presentation Table of Contents

**EMAIL ANDREA GONZALEZ, MPH AT ANDREA.GONZALEZ2@UCSF.EDU
IF YOU WOULD LIKE TRAINING MATERIALS FOR LISTED TOPICS**

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Introduction



This is a compilation of select trainings that we have conducted for primary care and safety net health systems, community based organizations, public health departments and government agencies. We would like to highlight our Alzheimer’s Disease and Related Dementias (ADRD) legal and support trainings, in addition to an elder abuse curriculum for medical residents and geriatric fellows. **If you would like a copy of any training, please reach out to our Program Coordinator Andrea Gonzalez, MPH at Andrea.Gonzalez2@ucsf.edu.**

Snapshot: Our Accomplishments



Take a moment to read some of UCSF GWEP's accomplishments during this cycle



8,076

Learners reached through trainings since inception

377

Trainings conducted over 4 Years

Of those trainings...

GOVT, HEALTH DEPTS AND CBOS* REACHED:

4,695

learners through 171 trainings across 20 sites

PRIMARY CARE REACHED:

2,770

learners through 138 trainings across 19 sites

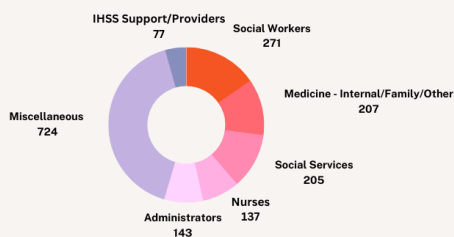
*Community Based Organizations



9

Northern California counties have received our Geriatrics trainings

YEAR 4 TRAININGS BY AUDIENCE



REFERENCES

Data compiled from Airtable training database by Andrea Gonzalez, GWEP Program Coordinator

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Primary Care / Safety Net Trainings



Our Primary Care/Safety Net Health Systems are dedicated to implementing and evaluating geriatrics-primary care integrations to improve the care of underserved older adults.

WE HAVE CONDUCTED 138 GERIATRICS TRAININGS ACROSS 19 SITES REACHING 2,770 LEARNERS IN OUR PRIMARY CARE AND SAFETY NET HEALTH SYSTEMS



Trainings provided:

- Age Friendly ED Development and Comprehensive Geriatrics Assessment
- Assessing the Impact of Structured Medication Reconciliation on Older Adults in the Emergency Department
- Building an Age-Friendly Health System: The 4Ms Framework
- Caregivers on the Healthcare Team for medical providers
- Choosing Medications Wisely for Geriatric Patients: Five Ways to Improve Care
- Cognitive Impairment and Memory Loss: Screening Tools
- Community Resources - Senior Information & Assistance, Health Insurance Counseling and Advocacy Program (HICAP)
- Community Services for Fall Prevention
- Compassion Fatigue, Burnout & Building Resilience While Caring for Older Adults

Trainings Continued..

- Delirium Management in Hospitalized Adults
 - Dementia Communication and Behavior Management Strategies
 - Dementia Screening, Diagnosis, and Management
 - High Risk Medications & Deprescribing
 - 4Ms of Geriatrics for Older Adults with HIV
 - HIV & Aging
 - Improving Diagnosis of Cognitive Impairment: Novel Tests for the Detection of Alzheimer's Disease
 - Mental Health, Medications, What Matters training
 - Mentation Training for Mental Health Clinic Employees
 - Supporting Caregiving and Caregiver Support training for Medical Residents
 - What Matters to Older Adults
 - Working with Behavioral Health Clients Diagnosed with Dementia or Other Neurodegenerative Diseases
-

Community Based Organizations, Public Health Departments and Government Agencies



We partner with government agencies, community based organizations and public health departments to increase the competence of the aging services workforce and build linkages across the spectrum of older adult care.

WE HAVE CONDUCTED 171 GERIATRICS TRAININGS ACROSS 20 SITES REACHING 4,695 LEARNERS THROUGH THESE PARTNERSHIPS



Our partners

San Francisco Department of Disability and Aging Services (SF DAS)

Highlights

The UCSF GWEP has partnered with SF DAS to create, deliver and evaluate a falls screening program for case managers. Case managers employed by community-based organizations contracted by DAS plan, seek, advocate for, and monitor services from different social service or health care organizations on behalf of their clients who are largely 400% below the Federal poverty level. Additionally, we conduct interprofessional 4M themed presentations to various DAS service lines .

San Francisco DAS trainings provided:

- Ageism
- Compassion Fatigue
- COVID-19 Lessons Learned
- Falls prevention
- Loneliness
- Medications Adherence and Barriers Training
- Medications: Polypharmacy & Inappropriate Medications in Older Adults
- Medications: Substance Use Disorders in Older Adults
- Mobility: Falls and Gait
- Mobility: Sensory Problems
- Serving Adults with Disabilities Across Medical and Social Services

Alameda Public Health Nursing **(Alameda, CA)**

Highlights

The Alameda County Public Health Department has reorganized its public health nursing workforce to better meet the needs of its frail, older residents by embedding public health nurses in In-Home Supportive Services (IHSS), Adult Protective Services (APS), and Older Adults, Healthy Results long-term nurse case management. The UCSF GWEP conducts case-based trainings on 4M topics to generate dialogue amongst public health nurses for best-practices when working with older adults.

Alameda Public Health Nursing trainings provided:

- A 4Ms Overview
 - Advance Care Planning, What Matters and End Stage Renal Disease
-

Alameda Behavioral Health/ IHSS/ Adult and Aging Services **(AAS)** **(Alameda, CA)**

Highlights

The UCSF GWEP works closely with diverse Alameda County agencies, including Alameda County Behavioral Health, Alameda County Public Authority (organization that trains In-Home Supportive Services (IHSS) direct care workers), and the Alameda County Social Services Agency-Department of Adult and Aging Services (SSA-AAS) clinical and administrative staff to deliver geriatrics education.

Alameda Behavioral Health/IHSS/ AAS trainings provided:

- 4Ms What Matters-Caring for Older Adults Near End of Life
- Common Mental Health Disorders in Older Adults
- Compassion Fatigue
- Dementia Basics Training for IHSS Providers
- Dementia, Delirium, and Physical Challenges Training for Medical Providers
- Falls, Mobility and Functional Decline Training for IHSS Providers

Openhouse, San Francisco

Highlights

The UCSF GWEP has partnered with Openhouse, an organization that enables San Francisco Bay Area LGBTQ+ seniors to overcome the unique challenges they face as they age by providing housing, direct services and community programs. We conduct educational sessions for LGBTQ+ seniors and Openhouse staff, and also for the Openhouse-OnLok Community Day Services program.

Openhouse trainings provided:

- Addressing the Pandemic for LGBTQ+ Community Members
 - Advanced Directives for LGBTQ+ Elders
 - Ageism and Invisibility
 - Boundaries in Caregiving
 - Brain Aging Training for Community Organization Staff
 - Depression and Suicide
 - Disaster Preparedness for LGBTQ+ Elders
 - HIV Care in Aging and HIV in Older Adults
 - Mental Health for LGBTQ+ Elders Trainings for Community Organization Staff
 - Pain, Anxiety, Drugs training for Community Members
 - Priorities Training for Community Members
 - Self-care and Resilience Training for Community Members
 - The Aging Continuum Training for Community Organization Staff
 - Trauma Informed Care for LGBTQ+ and BiPOC Elders
 - Wellness and Age-Friendly 4Ms Training for Community Organization Staff
-

ADRD Legal Support and Expertise



Alzheimer's Disease and Related Dementias (ADRD) remains a core component of trainings we deliver to all our partners. We wish to highlight trainings provided by GWEP legal experts from the UC College of the Law Medical Legal Partnership for Seniors (MLPS) and our GWEP expert at the Alzheimer's Association of Northern California and Northern Nevada Chapter.

OUR DEDICATED EXPERTS HAVE PARTICIPATED IN 41 TRAININGS, REACHING 672 LEARNERS



UC HASTINGS
COLLEGE OF THE LAW
SAN FRANCISCO

alzheimer's 
association

Trainings provided by UC College of the Law Medical Legal Partnership for Seniors (MLPS):

- Advance Care Planning with Older Adults
- Advance Health Care Directives
- Beyond Britney: Preventing the Need for Conservatorship in Older Adults
- Conservatorship: Understanding Legal Aspects and Avoiding It
- Elder Abuse, Financial and Non-Financial
- End Of Life Legal and Financial Planning
- Financial Abuse

Trainings provided by UC College of the Law Medical Legal Partnership for Seniors (MLPS) continued:

- Legal and Financial Decision-Making during COVID19: The Durable Power of Attorney for Finances
- Legal and Financial Decision-Making; Who is Who, Who Can Do What, and Why is it so Important?
- Legal Planning with Lower Income Older Adults
- Overview of Medi-Cal and In-Home Care Eligibility
- Social Determinants of Health Training
- Tenants' Rights
- Understanding Advance Directives Training for IHSS
- Understanding Long Term Care and Who Pays for It
- Understanding Legal and Other Social Supports for Older Adults

Trainings provided by Alzheimer's Association, Northern California and Northern Nevada Chapter:

- Effective Dementia Communication Strategies
 - Understanding Dementia Related Behaviors Training
 - Advancing the Science: Updates on Alzheimer's and Dementia Research
-

Interprofessional Trainee Resources



Our GWEP develops, implements, and evaluates trainings for interprofessional trainees to provide optimal care for underserved older adults and to promote age-friendly health systems.

We do this by:

1. 4Ms trainings on a weekly basis to geriatrics fellows and nurse practitioner scholars at the SF VA Medical Center.
2. A telehealth geriatrics consult curriculum for interprofessional trainees.
3. A longitudinal, workplace-based interprofessional experience at the UCSF Center for Geriatric Care (UCGC). Dr. Pei Chen published an article on this curriculum "A longitudinal workplace-based interprofessional curriculum for graduate learners in a geriatrics patient-centered medical home." <https://doi.org/10.1016/j.xjep.2021.100459>

Elder Abuse Curriculum for Medical Residents & Geriatric Fellows

- Developed by California GWEP Collaborative
- Accessible online through QR Code, no cost
- Evidence-supported efficacy and satisfaction
- Flexible, adaptive curriculum modules
- [Click here to access or scan QR code below!](#)

The Curriculum was developed by four California GWEPs with funding from the Archstone Foundation and teaches basic skills to identify, report, and manage elder abuse in primary care settings. Six engaging and interactive modules are accessible online, at no cost, through a QR Code. Topic areas include trauma-informed and person-centered response and address the needs of special populations including diverse and cognitively impaired patients. Evidence-supported efficacy and satisfaction was demonstrated through pilot dissemination.

Module and QR Code Information: Elder Abuse Curriculum for Medical Residents and Geriatric Fellows

ELDER ABUSE CURRICULUM FOR MEDICAL RESIDENTS AND GERIATRIC FELLOWS

Family, Internal, Emergency, and Psychiatry Medical Residents and Geriatric Fellows



As mandated reporters, physicians require training to screen, recognize, and respond to elder mistreatment in the clinical setting. Developed through the collaboration of elder abuse experts, geriatricians, and primary care physicians from USC, UCI, UCSD, and UCSF, this interactive curriculum is available to integrate into residency and fellowship training programs.

*Please reserve time in your training schedule for this important educational opportunity

The Elder Abuse Curriculum

Please click [HERE](#) or scan the QR code to access the curriculum



Modules 1 - 4:

30-minute, self-directed learning modules:

1. Provider's Role in Detection and Response
2. Screening and Documentation
3. Diverse and Cognitively Compromised Populations
4. Intervention and Response

Modules 5 - 6:

5. Self-directed Summary Review (1 hour)
6. Faculty-facilitated Simulated Case Study and Clinical Skills Development (1 hour or 90 min with optional lessons)

Plan A: Complete Curriculum

Assign Modules 1-4 (asynchronous, 2 hours total) & Module 6 (faculty facilitated, 1 hour or 90 mins)

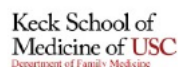
Plan B: Abbreviated Curriculum

Assign Module 5 (asynchronous, 1 hour) & Module 6 (faculty facilitated, 1 hour or 90 min)

Plan C: Brief Overview Curriculum

Assign Module 5 (asynchronous, 1 hour)

For more information on the curriculum, please contact Carmen.vandenneever@med.usc.edu



Questions? Interested in any of our training materials? Please reach out to Program Coordinator Andrea Gonzalez, MPH at Andrea.Gonzalez2@ucsf.edu